

PGL Information Meeting 2024

1st February 2024

Residential for 2024

- Monday 18th March Friday
 22nd March
- We leave on the Monday after lunch. Children will need either a packed lunch or to order a school meal.



We return on the Friday at usual



Our Aims

- To develop confidence & self-esteem;
- To develop increased independence;
- For children to see peers and adults in a different light;
- For children to reflect on their own skills and challenge themselves;
- To create a supportive environment where children feel they can push themselves further.



Ridgeway Farm Adults

- Mrs Holder
- Mrs Thompson
- Mrs Rickett
- Miss McVicker
- Mr Evans



Accommodation





Believe ~ Learn ~ Grow

Accommodation

- The children are grouped in either rooms of 4 or 6. We will be staying either in the main 'hotel' part of the site or at the Ridgeway block. Both are very close to all facilities.
- We won't know the room allocations until close to our arrival date and so discussions about rooms will not take place until we have this information.





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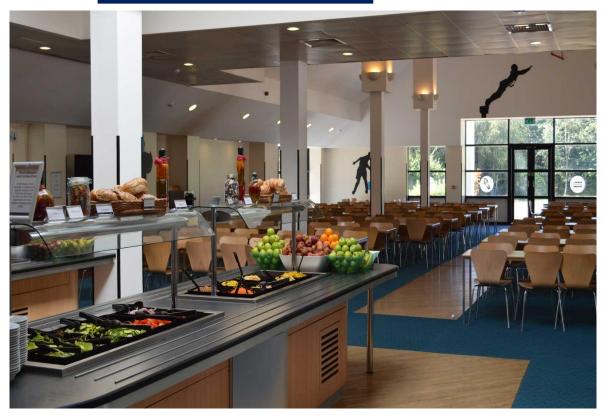
Example of a PGL Day!

Time	Activity
08.00	Breakfast
09.00 - 10.30	1 st activity
10.30 – 12	2 nd activity
12 - 14.00	Lunch
14.00 - 15.30	3 rd activity
15.30 – 17.00	4 th activity
17.00 - 19.00	Supervised free time/Evening Meal & 'Nomination' time/Passports
19.00-20.30 20.30-21.00	Evening Entertainment Nominations/Itinerary for next day
21:00/21.15	Lights out!





Meal Times



The children will have 3 meals a day with different menu options at each sitting.

There are always hot and cold options available. Special dietary requirements are catered for extremely well. There is a salad bar and fruit available. The children are always well fed!



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Types of Activities

Groups will be with a member of Ridgeway staff and a PGL qualified instructor. Activities may vary. Exact activities will be shared in the final information letter.

Canoeing Survivor

Crate Challenge Vertical Challenge

Orienteering Trapeze

Abseiling Archery

Raft Building | Zip Wire

Giant Swing Sensory Trail

Climbing Buggy Building



Notes

- No mobile phones (or devices of any kind) we will keep in close contact with the school and Year 6 can send postcards! Please note you need your own stamps.
- Children are so busy that they rarely get homesick! As always, once the children are on site, parents will not be allowed access unless in an emergency.
- Staff will update Facebook daily with pictures and comments from their activities.
- Luggage There is a long kit list but please try to keep the luggage to a size/weight that
 the children can wheel or carry with little help.
- Personal Items children's own responsibility
- Pocket Money optional and maximum of £10, there will be 1 shopping opportunity at the gift shop.
- Sweatshirts ROOTS will be donating our leavers' hoodies again.



What's Next?

- Kit lists and medical forms were sent out at the beginning of term.
 Please make sure medical forms are completed fully on Parent Mail by <u>Friday 9th February</u>.
- If your child has any specific dietary requirements, contact Mrs Holder to arrange a meeting.
- If your child takes medication, a further letter will be sent to complete.
- Children will find out their rooms.
- A final information letter will be sent to parents a week before we go.

