

## SUBJECT ON A PAGE

## RSHE

AT RIDGEWAY FARM WE BELIEVE RELATIONSHIP SOCIAL, HEALTH AND ECONOMIC 'RSHE' EDUCATION IS A SCHOOL SUBJECT THROUGH WHICH PUPILS DEVELOP THE KNOWLEDGE, SKILLS AND ATTRIBUTES THEY NEED TO MANAGE THEIR LIVES, NOW AND IN THE FUTURE. THESE SKILLS AND ATTRIBUTES HELP PUPILS TO STAY HEALTHY, SAFE, AND PREPARE THEM FOR LIFE AND WORK IN MODERN BRITAIN.



### Intent — We aim to...

Our personal, social and health education (PSHE) curriculum aims to assist children to prepare for adult life by supporting them through their physical, emotional and moral development

It enables our children to become healthy, independent and responsible members of a society.

Help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up.

Develop children who are reflective individuals and who have a strong awareness of their own wellbeing as well as an awareness of, and respect for, others.

Children will develop the attributes needed to thrive as individuals, family members, members of society and the global community.



### Implementation — How do we achieve our aims?

Through Jigsaw we aim to provide and prepare our children for the ever changing world around them. Our children are provided with opportunities to reflect on their experiences and understand how they are developing personally, physically and socially, whilst gaining skills to help them navigate the many spiritual, moral, social and cultural issues that are part of growing up.

They also learn to understand and respect our common humanity; diversity and differences so that they can go on to form effective, fulfilling relationships that are an essential part of life and learning.

### Impact — How we will know we have achieved our aims



Jigsaw Scheme—Through Jigsaw we aim to provide and prepare our children for the ever changing world around them. Our children are provided with opportunities to reflect on their experiences and understand how they are developing personally, physically and socially, whilst gaining skills to help them navigate the many spiritual, moral, social and cultural issues that are part of growing up.

Relationships, Health and Sex Education

Relationships and Health education are both designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships, as well as preparing them for a successful adult life.

British Values

Relationships and Health education are both designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships, as well as preparing them for a successful adult life.

Anti-bullying

Enabling all pupils to utilise the knowledge, skills and understanding, as learnt through the PSHE and Citizenship curriculum (Learn4Life scheme); using of the Values for Life themes and resources for assemblies and class worship;

Well being

PSHE include identity, managing feelings and emotions, relationships, change, resilience and being healthy, which includes physical, emotional and social well-being.