



DATE: 8th Oct 2021

Ridgeway Farm CE Academy

Grapevine

01793 677471 www.ridgewayfarmcea.org

THIS TERM'S VALUE IS:

Generosity



DON'T FORGET...

School Photos
4th November

Dear Parents and Carers,

We have enjoyed a fantastic Harvest Service at Ridgeway this week. Each class confidently performed and contributed to the worship and as a family we could not be more proud of their courage and wonderful speaking and singing. All of the classes have recorded their contribution to the Harvest Service and you can enjoy watching these on the class pages of the School website.

We would also like to take this opportunity to thank you for your generous contributions to Swindon Food Bank. We were overwhelmed with the donations received. We are so proud to be able to actively demonstrate this term's value of Generosity and to be able to make such a difference to our community. Thank you.

We are delighted to welcome Luckshana to Lime Tree Class and Oliver to Peach Tree Class. We hope you and your families will be very happy at Ridgeway Farm.



LEARNING

Cherry Tree Class celebrated the International Day of Peace. Its purpose is to 'provide a globally shared date for all humanity to commit to peace above all differences and to contribute to building a culture of peace'. Cherry Tree then recognised this day by making peace wreaths.





HEALTHY LUNCHBOXES

As a school we want all children to have a healthy lunch whether it is a school dinner or packed lunch and I am sure you do too. As a guide, a balanced packed lunch contains

- A starchy food such as a wholegrain roll, sandwich, bagel, wrap, or pitta pocket that includes a savoury filling (e.g. egg, tuna, cheese, cooked meat) or pasta, rice, potatoes or noodles.
- A good source of protein, iron and zinc such as meat, fish, beans or eggs.
- A good source of calcium such as milk, cheese, yoghurt or fromage frais.
- Plenty of fruit and vegetables, e.g. an apple, satsuma, handful of cherry tomatoes, carrot, cucumber, pepper or celery sticks, small tub of fruit salad or small box of raisins. These can also be incorporated into other dishes like pasta salads, wraps, pittas, sandwiches, sandwich fillers such as onion and sweetcorn with your tuna or cucumber with salmon, frittatas and omelettes.
- A biscuit as a treat.
- Crisps (baked or other low fat options if possible) or other such snack such as seeds, savoury crackers, breadsticks etc.
- Eating utensils if necessary.
- Remember to take a drink too! Grab a bottle of water or a carton of fruit juice. (Fruit Juice only at lunchtimes, not in class or at break)

No single food contains all the essential nutrients the body needs to be healthy and function efficiently so it is important that the content of the packed lunch is varied.

Parents are asked not to send in their child with chocolate bars, sweets, sugary cakes or fizzy drinks in their packed lunches.

It is not our intention to tell parents what and how they should be feeding their children and we will not do so, but we want to work with parents to educate our children about healthy dietary choices so that they can make their own informed choices independently when they are older. If your child has not eaten enough of their lunch, we will wrap it up and send it home in their lunch box in order for you to see.



ATTENDANCE



% Attendance to date	
EYFS	95.3 %
YEAR 1	93.3 %
YEAR 2	91.6 %
YEAR 3	93.8 %
YEAR 4	92.2 %
YEAR 5	92.9 %
YEAR 6	92.3 %

OCTOBER BIRTHDAYS



Apple - Molly

Pear - Sophie

Orange - Hayley, Darcie and Maiya,

Lime— Elsie

Cherry - Blake, Riley, Amelie, Joshua and Luca

Olive - Suneal and Jaiyana

POPPIES



Poppies will be available from Wednesday 3rd November. Each class will have a set of poppies and class activity box. Children can make a minimum donation of 20p for a poppy. For the activity box, prices for these range from 50p-£1. These items will be available once during the school day in the week from 3rd-12th November. Your child will need to have their donations with them and please note that no change can be given as the money will be going into a sealed money collecting pot.

SAFEGUARDING

Ever heard of Plink or Grom Social? Too often in School children are telling us about social media apps or websites that they belong to that are not appropriate for their age. Many families are not aware of the apps, their age limits or risks associated with them. Netaware provides risk ratings and age recommendations on apps, sites and games. Please check out this website: <https://www.net-aware.org.uk/networks/>



DIARY DATES

Date	Time	Event
18th & 19th October		Parents' Evening—More details to follow
21st October		Half Term
1st November		DBAT Training Day— School Closed to Pupils
2nd November		Term 2 Starts
4th November		School Photos
15 & 16 or 23 & 24 November		Bikeability—Year 6
9th December	All Day	Flu immunisations
17th December		End of Term