



RSHE Definitions – For Parent Information

Relationships Education (Statutory – No Right to Withdraw)

Teaching children about families, friendships, respectful relationships, online safety, boundaries, recognising unsafe situations, and how to seek help.

Health Education (Statutory – No Right to Withdraw)

Teaching children about mental wellbeing, physical health, puberty, hygiene, healthy lifestyles, drugs and alcohol awareness, online wellbeing and personal safety.

Science Curriculum (Statutory – No Right to Withdraw)

Reproduction and life cycles

Sex Education (Non-Statutory in Primary)

In a primary context, Sex Education refers specifically to teaching about how babies are conceived through sexual intercourse.

Parents have the right to request withdrawal from Sex Education if it is taught.